



Most Needed Food Items

Hardwick Area Food Pantry, Inc.
39 Church St Hardwick VT
(802)472-5940

Dried fruits, no sugar added

Nuts

Seeds

Gluten Free Options

Almond Milk

Coconut Milk

Salsa

Rolled Oats

Herbal Tea

Coffee

Chicken, beef, vegetable broths/stock

Canned Beans

Cocoa powder

Salt and spices

Baking soda

Baking powder

Tomato/Vegetable Juice

Low-sodium Soup

Nut Butters

Honey

Small bags of flour

Sugar

Baby Formula

Toilet paper

Feminine hygiene products

Healthy cooking oil

(olive,coconut,avocado)

Thank you!

